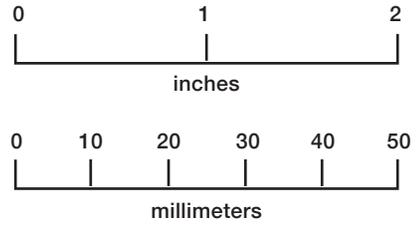


If you print out this page, please measure this ruler to confirm the sizes on this page are accurate.



METHOD 1

1. Cut a piece of string to at least 3 inches long.
2. Wrap it around the base of the finger you plan to wear your ring on. Make sure it's snug but not too tight.
3. Using a pen or marker, mark where the ends overlap.
4. Lay the string flat and use a ruler to measure the length in millimeters.
5. Use the Ring Size Conversion Chart below to find your ring size.

METHOD 2

1. Choose a ring that correctly fits the finger you are purchasing the ring for.
2. Lay the ring over the size circles below until you are able to closely match the inside edge of the ring to one of the circles on the guide. Measurements are equivalent to the interior circumference of the corresponding ring size.



Contact me if you need further help.

617-686-4385 | nancy@nancymarland.com